

1. TITLE OF THE CERTIFICATE ⁽¹⁾

Treener, tase 5

⁽¹⁾ in the original language

2. TRANSLATED TITLE OF THE CERTIFICATE ⁽¹⁾

Coach, level 5

⁽¹⁾ if applicable. This translation has no legal status.

3. PROFILE OF SKILLS AND COMPETENCIES

Coach, level 5 performs duties in various situations for the sake of meeting advanced achievement requirements for the purpose of enhancing the quality of life, or in conditions of sportsmanlike competition. Has acquired professional skills and knowledge mainly by means of professional training and long-time coaching. Expresses readiness for communication of professional know-how to interested parties. Is responsible for the use of time-related and technical means necessary for coaching, as well as for the mutual work organization of coaches.

Specialisation takes place according to the selected sport, and all parts of the work are related to the specialisation.

1. Organization and development of sporting:

- Selection of people to coach or collection of a training group;
- Preparation of a training plan;
- Involvement of other specialists in the training process;
- Supervision of other coaches;
- Taking into account the specific health situation of persons being coached.

2. Performing the teaching-training process:

- Development of physical abilities;
- Development of sport-specific abilities;
- Development of social abilities and teaching the culture of the sport;
- Use of means of recovery;
- Recommendation and use of sports outfit and training equipment;
- Instruction of the person being coached in competitions;
- Guidance in eating habits;
- Planning, measuring, analysing and giving feedback of the overall development of the person being coached;
- Tactical and psychological preparation in the selected sport.

4. RANGE OF OCCUPATIONS ACCESSIBLE TO THE HOLDER OF THE CERTIFICATE ⁽¹⁾

^(*)Explanatory note

This document is designed to provide additional information about the specified certificate and does not have any legal status in itself. The format of the description is based on the following texts: Council Resolution 93/C 49/01 of 3 December 1992 on the transparency of qualifications, Council Resolution 96/C 224/04 of 15 July 1996 on the transparency of vocational training certificates, and Recommendation 2001/613/EC of the European Parliament and of the Council of 10 July 2001 on mobility within the Community for students, persons undergoing training, volunteers, teachers and trainers.

More information available at: <http://europass.cedefop.europa.eu/en/home>

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5. OFFICIAL BASIS OF THE CERTIFICATE

Name and status of the body awarding the certificate	Name and status of the national/regional authority providing accreditation/recognition of the certificate
The occupational certificate that has been issued by the professional council that operates under the activity license issued by a Awarding Body	Sector Skills Council approved by a Regulation of the Government of the Republic
Level of the certificate (national or international)	Grading scale / Pass requirements
Coach	passed/fail
Access to next level of education/training	International agreements
Senior coach, level 6	
Legal basis	
Occupational Qualifications Act (RT I 2008, 24, 156; 01.09.2008)	

6. OFFICIALLY RECOGNISED WAYS OF ACQUIRING THE CERTIFICATE

In order to obtain a occupational certificate, the applicant has to prove all his/her competencies required by the occupational standard and by the procedure for awarding of occupational qualification established by the body awarding the occupational qualification.

More information (including a description of the national qualifications system) available at:
www.kutsekoda.ee