

## 1. TITLE OF THE CERTIFICATE <sup>(1)</sup>

**Vanemtreener, tase 6**

<sup>(1)</sup> in the original language

## 2. TRANSLATED TITLE OF THE CERTIFICATE <sup>(1)</sup>

**Senior coach, level 6**

<sup>(1)</sup> if applicable. This translation has no legal status.

## 3. PROFILE OF SKILLS AND COMPETENCIES

A senior coach level 6 performs duties requiring analysing and decision making in unpredictable situations and under conditions of high-level sporty competition or under conditions involving special health requirements. Mostly the professional skills and knowledge have been acquired in combination with higher professional formal education and professional training as well as by leading-edge efficient coaching work performed continuously for a long period of time. A senior coach is responsible for transfer of knowledge to interested parties. A senior coach manages the use of resources needed for a comprehensive training process and also the organisation of work among coaches.

Specialisation takes place according to the selected sport, and all parts of the work are related to the specialisation.

Organization and development of sporting:

- Selection of people to coach or collection of a training group;
- Preparation of a training plan;
- Involvement of other specialists in the training process;
- Supervision of other coaches;
- Taking into account the specific health situation of persons being coached;
- Conducting trainings and development of methodological materials.

Performing the teaching-training process:

- Development of physical abilities;
- Development of sport-specific abilities;
- Development of social abilities and teaching the culture of the sport;
- Use of means of recovery;
- Recommendation and use of sports outfit and training equipment;
- Instruction of the person being coached in competitions;
- Guidance in eating habits;
- Planning, measuring, analysing and giving feedback of the overall development of the person being coached;
- Tactical and psychological preparation in the selected sport.

### <sup>(\*)</sup> Explanatory note

This document is designed to provide additional information about the specified certificate and does not have any legal status in itself. The format of the description is based on the following texts: Council Resolution 93/C 49/01 of 3 December 1992 on the transparency of qualifications, Council Resolution 96/C 224/04 of 15 July 1996 on the transparency of vocational training certificates, and Recommendation 2001/613/EC of the European Parliament and of the Council of 10 July 2001 on mobility within the Community for students, persons undergoing training, volunteers, teachers and trainers.

More information available at: <http://europass.cedefop.europa.eu/en/home>

#### 4. RANGE OF OCCUPATIONS ACCESSIBLE TO THE HOLDER OF THE CERTIFICATE <sup>(1)</sup>

Coach

<sup>(1)</sup> If applicable

#### 5. OFFICIAL BASIS OF THE CERTIFICATE

<b>Name and status of the body awarding the certificate</b> The occupational certificate that has been issued by the professional council that operates under the activity license issued by a Awarding Body	<b>Name and status of the national/regional authority providing accreditation/recognition of the certificate</b> Sector Skills Council approved by a Regulation of the Government of the Republic
<b>Level of the certificate (national or international)</b> Estonian Qualification Framework, level 6 European Qualification Framework, level 6	<b>Grading scale / Pass requirements</b> passed/fail
<b>Access to next level of education/training</b> Master coach, EstQF level 7	<b>International agreements</b>
<b>Legal basis</b> Occupational Qualifications Act (RT I 2008, 24, 156; 01.09.2008)	

#### 6. OFFICIALLY RECOGNISED WAYS OF ACQUIRING THE CERTIFICATE

In order to obtain a occupational certificate, the applicant has to prove all his/her competencies required by the occupational standard and by the procedure for awarding of occupational qualification established by the body awarding the occupational qualification.

**More information** (including a description of the national qualifications system) available at:  
[www.kutsekoda.ee](http://www.kutsekoda.ee)